

PL VLB & B 26: Session: 1: Startlist per athlete for TEAM: ZIOS

Coachinfo: Warming up from: 08:20 untill 09:25. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Segers Ellen HEADCOACH

Coaches: Dubois Louis

Coaches: Houtevelt Kyllian

PB => Personal Best time

Athlete: BIESEMANS JANA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M BACKSTROKE WOMEN 13+	5	1	3	02:47.94	02:50.05	11:05 01:02
50M BUTTERFLY WOMEN 11+	7	4	7	00:38.83	00:35.85	12:07

Athlete: BOMBAERT MILLA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	7	7	2	00:32.80	00:35.10	12:11

Athlete: DE BACKER BIRGIT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M BACKSTROKE WOMEN 13+	5	5	3	02:26.35	02:36.37	11:19 00:55
50M BUTTERFLY WOMEN 11+	7	10	4	00:30.36	00:30.60	12:14

Athlete: DE PEYPER MATS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11+	2	7	8	00:59.50	01:00.40	09:47 00:50
100M BREASTSTROKE MEN 13+	4	4	1	01:12.25	01:14.90	10:37

Athlete: DEROOST BEAU

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	3	8	7	02:39.11	02:44.31	10:22 01:49
50M BUTTERFLY WOMEN 11+	7	7	1	00:33.03	00:33.44	12:11

Athlete: DONIN MANON

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	3	10	8	02:30.62	02:37.19	10:28 01:46
50M BUTTERFLY WOMEN 11+	7	10	6	00:30.53	00:31.17	12:14

Athlete: LANDRIEU NORA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	3	10	6	02:29.42	02:33.56	10:28 00:47
200M BACKSTROKE WOMEN 13+	5	4	5	02:30.51	02:35.19	11:15

Athlete: MATTHIJS XANTHE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M BUTTERFLY WOMEN 13+	1	2	2	02:39.22	02:45.97	09:34

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02:37

50M BUTTERFLY WOMEN 11+	7	7	5	00:32.64	00:33.42	12:11
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Athlete: VERROKEN GERBEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11+	2	11	4	00:53.20	00:53.63	09:54 02:26
50M BACKSTROKE MEN 13+	8	4	7	00:28.76	00:28.91	12:20

Athlete: VOLCKAERT MATTHIAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11+	2	11	2	00:54.38	00:56.42	09:54 01:44
400M FREESTYLE MEN 13+	6	4	5	04:16.81	04:21.61	11:38

Athlete: VOLCKAERT THOMAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11+	2	9	2	00:57.14	00:58.31	09:51 01:42
400M FREESTYLE MEN 13+	6	3	7	04:36.56	04:35.86	11:33